

May eNewsletter

Lewis County Chamber of Commerce



MOTHERS DAY AND MORE

This months Newsletter has ideas for mother's day, a 30 day photo challenge, and more!
Come browse through and discover what we have to share this month.

WHAT'S INSIDE THIS ISSUE:

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Buy Local

Letter from Our Chair

Cheyenne Steria

Chamber Members,

First, I'd like to applaud all of you for all that you're doing in these difficult and ever-changing circumstances.

Obviously, keeping your business above water has been a top priority, but I hope that you've also had some time for personal and business introspection.

The COVID-19 situation is forcing us to do things differently and there is a huge opportunity to re-evaluate how we were doing things before.

We've (you've) proven that you can be nimble and creative and think outside what you would have considered before.

It isn't always fun going outside of your comfort zone, especially when you are shoved out.

And the dollar signs are ugly for many. It's an uncomfortable place to be.

It makes me want to sleep a lot. But if we lean on the right things we will come out of this stronger than before.

Already we're (you're) positioning Lewis County to bounce back, and I believe, spring ahead.

Local has become more important than it has been in decades.

That's amazing! We know how to do local. We're doing local.

If you missed our Reboot LC webinar on local food on April 29, I strongly suggest checking it out on our website or on naturallylewis.com.

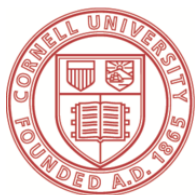


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*We're doing great
things in Lewis County.
Keep it up!*

WELCOME!

To our new members!



Cornell University
Cooperative Extension
Jefferson County

203 North Hamilton Street
Watertown, New York
(315) 788-8450
<http://www.ccejefferson.org/>

Cornell Cooperative Extension Association Jefferson County educates youth, families, farmers, & communities using research-based knowledge for practical application & lifelong learning. CCE Jefferson prides themselves in being able to offer something for just about everybody— agriculture, gardening, home, nutrition, parenting, teen issues, opportunities for young people, & programs to enhance the lives of military families.



7576 South State Street
Lowville, New York
(315) 767-3280

Drift Day Spa offers both spa and salon services. Including ,massage (therapeutic, medical, and relaxation) & salon services including hair, nails, pedicures, facials, lash extensions and more. A one stop shop to pamper yourself. Drift Day Spa offers appointments seven days a week!



7619 Number 4 Rd,
Lowville, New York
(315) 586-2599

Rusty P's is a restaurant with plenty of options. Including breakfast (served daily), lunch & dinner, and homemade specials. Taco Night on Mondays. Wing night on Thursdays. Dinner Specials on Friday nights. Stop by for a delicious and fulfilling meal!

10 Mother's Day Ideas

WAY TO SAY THANK YOU TO MOM
WHILE SOCIAL DISTANCING

1. Support her (new) hobby.

Did your mom start something new during quarantine? Get her something that helps.

2. Help her relax. Whether this is taking care of errands for her or getting her a DIY spa kit (candles, bath bombs, etc.)

3. Make her a gift certificate. Not able to get flowers locally at this time? Make her a gift certificate, or buy one from a local florist online. Then she can get them once we've all reopened.

4. Send her a card. Since we're all social distancing, why not send her some love through snail mail?

5. Order her favorite dish from a local restaurant that's doing delivery or take out.

6. Bake her a cake. Who doesn't love cake? Make her her favorite cake and deliver it social distancing style!

7. Get her a massage! Buy gift certificates from Drift Day Spa or OpenSky.

8. Make a donation in her name. Give to your mom's favorite local charity.

9. Ask her what she would like from you. Sometimes the easiest way to thank mom is to ask her what she wants.

10. Give her some space. Mom's are always busy! Maybe your mom just wants a stress-free me-time kinda day.



30 Day Photo Challenge

Post a photo a day inspired by the prompt of the day.

We will be joining in the fun!

Come see our photos of the day on our Facebook page.

1. A Drink
2. Breakfast
3. Something Handmade
4. The Moon
5. An Exit
6. Monochrome
7. Colorful
8. Inside
9. Outside
10. Mother's Day
11. Reflection
12. Warm
13. Cold
14. Above
15. Below
16. Delicious
17. Simple
18. Something Red
19. Tiny
20. Favorite Book
21. Friends
22. Light
23. Family
24. Fun
25. Favorite Game
26. Water
27. Animal
28. Lunch
29. Vintage
30. Shoes
31. Something that makes you Smile

We've updated our website!

If you've visited our website recently you might have noticed that we've updated it for a newer look!



HOME

JOIN THE CHAMBER

BUSINESS DIRECTORY

CALENDAR

NEWS



OUR BACKYARD, YOUR ADVENTURE

WHAT'S NEW?

Not only have we updated the look of the website but are also updating the information in our website making it more user friendly and up to date!

We ask for your patience as we continue to update the website with new and current information regarding all of our members and available tourism activities.

BUY LOCAL

Now more than ever it is important to
buy local!
Here's some information on how.

Buying local doesn't only support the community, but it
also benefits you!

When you buy local - you know where the food came from
and support your local economy.

The money you spend locally is more likely to stay local.

On our new website you can find local businesses to purchase from -
whether it be food, or other retail!
Just search for the category "Buy Local" to see all the businesses available
here in Lewis County!

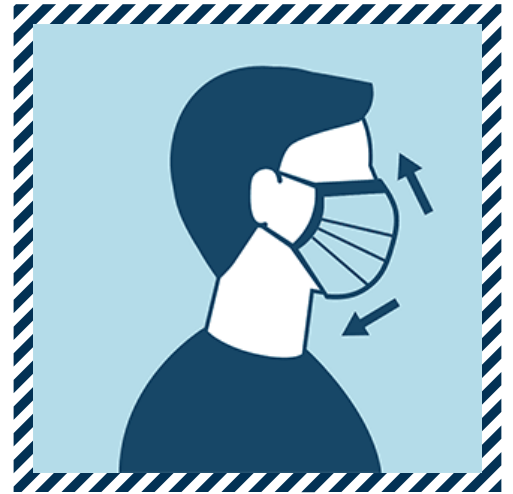
Members of the Lewis County Chamber of Commerce will have additional
information - such as a description and multiple types of contact.

Non-Members have only one type of contact listed and no description.

A Guide on Cloth Masks

Cloth face coverings should:

- fit snugly but comfortably against the side of the face
 - be secured with ties or loops
 - include multiple layers of fabric
- allow for breathing without restriction



When does the CDC recommend masks?

- in public settings where other social distancing measures are difficult to maintain

Why does the CDC recommend masks?

- to slow the spread of the virus & help people who may have the virus & do not know it from transmitting it to others.

Other guidelines:

Cloth face coverings should not be placed on

- young children under age 2
- anyone who has trouble breathing
- or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

Please do not wear or buy surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers & other medical first responders.

Thank You for Reading!

Stay Safe & Healthy

Lewis County Chamber of Commerce



Brighter
DAYS AHEAD



When you are ready to start your degree, finish your degree, or take a course or two to stay current in your field, know that Jefferson Community College is here for you.

Summer classes begin June 1 and July 6.
Register online today.
SUNYJefferson.edu/summer

